

V-DAY EVERY DAY

A slim, V-shaped face can give a woman a fresher, more youthful appearance and boundless confidence. Nu.U Aesthetics & Wellness Clinic can help you achieve that with non-invasive techniques that offer quick and lasting results.



The V-shaped face with a small, sharp chin and defined jawline is considered by Asians as a sign of beauty. Standing in the way of many possessing this naturally are having a genetically round or broad face, as well as habits such as teeth grinding and candy chewing that can cause muscles to overdevelop and give one a rather squarish jawline.

Of course, surgery can result in a more sculpted look, but many women are wary of potential side effects and the lengthy recovery time. The more comfortable alternative for a fresh start this year: Nu.U Aesthetics and Wellness Clinic's face-contouring treatments that are perfect for the time-strapped.

BOTOX TREATMENTS

WHAT Injected with a very fine needle, botox works by weakening the muscles to contour the jawline and create a slim, beautiful V shape.

TIME TAKEN About 10 minutes. Most patients can resume normal activities immediately.

RESULTS The full effect of relaxing the targeted muscles is visible in two weeks and can last from three to six months. With repeated treatments, it can last up to a whole year.

FILLERS

WHAT Improving the jawline is possible with dermal fillers such as Restylane. A crystal clear gel, it is injected into the skin – or just under it – in small amounts to restore volume and structure. Mainly made up of hyaluronic acid similar to what your body produces naturally, it is non-animal-based, so the risk of allergic or hypersensitive reactions is minimal.

TIME TAKEN Thirty minutes or less – including 20 for the local anaesthetic to gently numb the treatment area. Patients can return to work immediately, but should avoid extreme

sunlight and heat as they might increase swelling and bruising at the injection sites.

RESULTS The jawline's transformation is almost instant and, on average, lasts nine to 12 months. Clinical studies are being done to prove whether or not the effect can last 18 months with just a single follow-up treatment.

E-TWO SUBLIME TECHNOLOGY

WHAT This uses a combination of safe and effective levels of infrared

light and bi-polar radio frequency energy to stimulate new collagen growth, thus improving facial contours and skin quality.

TIME TAKEN Typical treatment protocol is three to five treatments at least four to six weeks apart. However, the total number of sessions depends on the individual.

RESULTS Patients will begin to see results after the first treatment. These will continue to improve for up to one year.

KNOW YOUR DOCTOR



Dr K K Chew
Medical director and founder of
Nu.U Aesthetics & Wellness Clinic

Dr Chew is a pioneer in the field of laser lipolysis and AccuLift laser facelift treatments, training GPs with an interest in aesthetics medicine from around the region. He is also an officially appointed trainer in the use of both Juvederm and Restylane dermal fillers for facial contouring.

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