

Yummy Mummy

Juggling the roles of workingwoman and mum is no excuse for neglecting your figure. With Liposonix, a svelter body is just an hour away.

It isn't easy being a working mum. Between a hectic work schedule and running after junior, there's hardly any me-time, much less gym time. To make matters worse, women's bodies are prone to developing more fat around the belly during pregnancy. This 'mummy muffin' can stubbornly persist even after childbirth, especially if one puts off exercising or develops a bad habit of pecking at kids' leftovers.

FAB IN AN HOUR

Forget what you've been told about there being no shortcuts to a hot bod. A revolutionary new treatment now makes it possible to banish your bulges in the time it takes for your kid to sit through a tuition class.

The Liposonix treatment employs high-intensity focused ultrasound energy to non-invasively destroy targeted subcutaneous fat. Ultrasound technology isn't new in body contouring. However, older machines used low-intensity, low-frequency, or unfocused energy, which often required multiple treatments with unpredictable results.

The ultrasound energy used in Liposonix is high-intensity, focused and fractionated, allowing it to cover a wider surface area and penetrate targeted fat tissue without harming the skin or surrounding tissues.

The dispersed fat is then naturally discharged by the body's lymphatic system over the following two to three months. One session is all you need to achieve a svelter silhouette and a reduction of at least one inch from your abdomen and love handles – the equivalent of one dress size.

CUSTOM CONTOURING

Although designed for use on the abdomen and love handles, Liposonix also works on other parts of the body like the back, and inner and outer thighs. In the hands of an experienced medical practitioner, Liposonix allows for customised contouring of the body.

The first to use the Liposonix device in Singapore, Dr Chew Khek Kah, medical director of NU.U Aesthetics and Wellness Clinic, is a pioneer of innovative aesthetic medicine and technology. Constantly on the lookout for cutting-edge aesthetic devices, Dr Chew believes Liposonix provides the best contouring solution for time-strapped women. With Liposonix, transformation is just an hour away.

From \$1,800 at NU.U Aesthetics and Wellness Clinic, #09-18/19 Paragon Medical Suites, tel: 6732-9989. Find out more at www.nuuclinic.com.

