



Hot is the new cool

As the festive season approaches, we will all be trying to look our best whether it is that figure-hugging little black dress or that smart well-cut suit.

The good news is that there are now US Food and Drug Administration (FDA) and Health Sciences Authority (HSA) approved devices for non-invasive fat reduction and body contouring available in Singapore. Here are two of the latest devices:

VANQUISH® - A new machine that zaps fat without pain

Vanquish® is a revolutionary, non-invasive Selective RF™ system designed to deliver energy to your body to eliminate fat cells, without even touching your body. It selectively delivers the energy to fat cells with virtually no risk of overheating of the skin, muscles or internal organs.

The excitement surrounding Vanquish® is that there is finally a medical device approved for deep

tissue heating that effectively targets the fat cells with no damage to the surrounding tissues. Another plus point is that there is no associated pain and downtime.

During each of the four sessions scheduled a week apart, the patient lies underneath an apparatus with adjustable panels positioned around the areas of the body to be treated. Sensors built into the device read the patient's body fat and customises the amount of energy delivered during the treatment.

Results are long lasting because the device targets fat cells for elimination.

LIPOSONIX®

For those strapped for time, the LipoSonix® treatment is an efficient solution which takes an hour per session.

The LipoSonix® treatment utilises high intensity focused ultrasound to non-invasively destroy targeted subcutaneous fat. The skin as well as

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surrounding tissues are not harmed. The body naturally removes the treated fat, leaving you with a more contoured figure.

Although it is designed to target fat around the abdomen and around the flanks (love handles), LipoSonix can also work on other parts of the body like the thighs, knees, back and arms.

With no downtime or aftercare, you can resume your active lifestyle right away.

Vanquish® and LipoSonix® are available at the NU.U Aesthetics and Wellness Clinic.

NU•U

aesthetics & wellness clinic



3 D Facelift Programme

The clinic is now able to offer its clients the NU.U 3 D Facelift through a combination of innovative and time tested non-surgical treatments.

Thermage CPT with new Total Tip delivering 900 shots of mono polar RF energy to effectively tighten the skin through skin collagen remodeling and regeneration of new collagen.

Temporal Filler Lift to effectively lift both the skin and underlying tissues to smoothen the facial contours and lift the cheeks as well.

PDO regenerative threads to provide the sagging skin with increased mechanotraction as well as collagen regeneration and increased collagen matrix formation.

Liquid Facelift to provide volume restoration and lifting through the use of hyaluronic acid fillers combined with botulinum toxin when necessary.

New 2nd Generation HIFU (high intensity focused ultrasound) for non-invasive face and eyebrow lifting. The synergistic double effect contributes to collagen remodeling and SMAS contraction in a single treatment.

All of the above can be used singly or combined in a synergistic manner to provide an effective 3D facelift result.

NU.U AESTHETICS & WELLNESS CLINIC

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